

## **MOLD ILLNESS RESOURCES**

### **BOOKS:**

"Surviving Mold" by Ritchie Shoemaker, M.D.

[http://www.amazon.com/Surviving-Mold-Life-Dangerous-Buildings/dp/0966553551/ref=sr\\_1\\_2?ie=UTF8&qid=1367762557&sr=8-2&keywords=ritchie%20Shoemaker&tag=533643275-20](http://www.amazon.com/Surviving-Mold-Life-Dangerous-Buildings/dp/0966553551/ref=sr_1_2?ie=UTF8&qid=1367762557&sr=8-2&keywords=ritchie%20Shoemaker&tag=533643275-20)

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"Mold Warriors" by Ritchie Shoemaker, M.D.

[http://www.amazon.com/Mold-Warriors-Ritchie-C-Shoemaker/dp/0966553535/ref=pd\\_bxgy\\_b\\_img\\_y?tag=533643275-20](http://www.amazon.com/Mold-Warriors-Ritchie-C-Shoemaker/dp/0966553535/ref=pd_bxgy_b_img_y?tag=533643275-20)

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"Desperation Medicine" by Ritchie Shoemaker, M.D.

[http://www.amazon.com/Desperation-Medicine-Ritchie-C-Shoemaker/dp/0966553519/ref=pd\\_sim\\_b\\_2?tag=533643275-20](http://www.amazon.com/Desperation-Medicine-Ritchie-C-Shoemaker/dp/0966553519/ref=pd_sim_b_2?tag=533643275-20)

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"Surviving Toxic Black Mold Syndrome" by Mary Beth Short-Ray, D.O.

[http://www.amazon.com/Surviving-Toxic-Black-Mold-Syndrome/dp/1424192889/ref=sr\\_1\\_1?s=books&ie=UTF8&qid=1367762771&sr=1-1&keywords=surviving%20toxic%20black%20mold%20syndrome&tag=533643275-20](http://www.amazon.com/Surviving-Toxic-Black-Mold-Syndrome/dp/1424192889/ref=sr_1_1?s=books&ie=UTF8&qid=1367762771&sr=1-1&keywords=surviving%20toxic%20black%20mold%20syndrome&tag=533643275-20)

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"Mold: The War Within" by Kurt & Lee Ann Billings

[http://www.amazon.com/MOLD-Kurt-Lee-Ann-Billings/dp/0972101608/ref=pd\\_sim\\_b\\_4?tag=533643275-20](http://www.amazon.com/MOLD-Kurt-Lee-Ann-Billings/dp/0972101608/ref=pd_sim_b_4?tag=533643275-20)

## **WEBSITES:**

Dr. Ritchie Shoemaker's websites. Surviving Mold also sends out an email newsletter in which Dr. Shoemaker answers subscriber questions.

<http://www.survivingmold.com/>

[www.chronicneurotoxins.com](http://www.chronicneurotoxins.com)

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MomsAware. Andrea Fabry's website, devoted to creating non-toxic home environments.

<http://www.facebook.com/momsAWARE>

<http://momsAWARE.org/>

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The Bulletproof Executive. Dave Asprey, who became sensitized to toxic mold through a Stachybotrys exposure, discusses mycotoxins and other issues relevant to mold illness sufferers.

[http://www.youtube.com/watch?feature=player\\_embedded&v=mj887Hk621E](http://www.youtube.com/watch?feature=player_embedded&v=mj887Hk621E)

<http://www.bulletproofexec.com/>

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CFS Untied. Exploring environmental impact in chronic illness.

<http://www.cfsuntied.com/>

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Toxic Black Mold Syndrome. Dr. Mary Beth Short-Ray's website.

<http://www.toxic-black-mold-syndrome.com/>

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Mold Help. Information website.

<http://www.mold-help.org/>

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Truth About Mold. Information website.

<http://truthaboutmold.info/home>

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Global Indoor Health Network. Not-for-profit concerned about unhealthy indoor air quality.

<http://www.facebook.com/pages/Global-Indoor-Health-Network/189521461080429>

<http://globalindoorhealthnetwork.com/>

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Center for School Mold Help. Not-for-profit concerned about the problem of mold in schools.

<http://www.facebook.com/pages/Center-for-School-Mold-Help/119889594715869>

<http://www.schoolmoldhelp.org/>

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Dragonflymcs Mold and Chemical Injury Survivors. Emergency housing and public education.

[http://www.causes.com/causes/656078-drag....auses\\_ref=email](http://www.causes.com/causes/656078-drag....auses_ref=email)

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Are You Moldy? Information on mold illness.

<http://www.areyoumoldy.com/>

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Planet Thrive. Information for people suffering from environmental illness.

<http://planetthrive.com/>

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Katy's Exposure. Exposing environmental health threats and those responsible.

<http://katysexposure.wordpress.com/>

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NYC Department of Health. Guidelines on Assessment and Remediation of Fungi in Indoor Environments.

<http://www.nyc.gov/html/doh/html/epi/moldrpt1.shtml>

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EPA Website. Basic information.

<http://www.epa.gov/mold/>

### **PATIENT FORUMS:**

The Locations Effect. Information and discussion on the effects of outdoor environments on mold-sensitive people. Includes information resources related to toxic mold and other biotoxins.

<http://locationseffect.proboards.com/index.cgi?>

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CFS/ME/CFIDS: Feel Great Destinations. Discussion of the Locations Effect.

[http://health.groups.yahoo.com/group/CFS\\_CFIDS\\_ME/](http://health.groups.yahoo.com/group/CFS_CFIDS_ME/)

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Mold: The Severe Reactor. Discussion group for people demonstrating hypersensitivity to toxic mold.

<http://health.groups.yahoo.com/group/moldtheseverereactor/>

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Phoenix Rising: Addressing Biotoxin, Chemical and Food Sensitivities. Discussion related to hypersensitivity issues.

<http://forums.phoenixrising.me/index.php....nsitivities.11/>

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Sick Buildings. Discussion group about issues related to unhealthy indoor environments.

<http://health.groups.yahoo.com/group/sickbuildings/>

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IEQ. Discussion group for indoor air quality professionals.

<http://health.groups.yahoo.com/group/iequality/>

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Planet Thrive. Online health community for people suffering from environmental illness.

<http://planetthrive.ning.com/>

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MCS - Toxic Injuries. Discussion group for those suffering environmental injury.

<http://health.groups.yahoo.com/group/MCS-Toxic-Injuries/>

## **FACEBOOK:**

Locations Effect. Photos and discussion of feel-good locations.

<https://www.facebook.com/LocationsEffect>

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Surviving Mold. Discussion of Ritchie Shoemaker's work.

<http://www.facebook.com/profile.php?id=100000326398577>

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Mold 911. Helping individual mold sufferers with avoidance and other coping issues.

<http://www.facebook.com/groups/334558769917199/>

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Toxic Mold Supertramps. More discussion of individual mold sufferers/avoiders.

<http://www.facebook.com/groups/294408923936397/>

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Advocacy. Toxic Mold Victims. Societal issues facing mold sufferers.

<http://www.facebook.com/groups/moldrights/>

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Faces of Toxic Mold. Support group for people previously exposed to toxic mold.

<https://www.facebook.com/groups/27574995578/>

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Toxic Mold Support Group. Group of people exposed to toxic mold.

<https://www.facebook.com/groups/116659898371180/>

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Sick Building Syndrome. Group to raise awareness about dangerous moldy buildings.

<https://www.facebook.com/groups/119114634785345/>

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Black Mold Exposure. Page for the documentary film.

<http://www.facebook.com/moldsymptoms>

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Planet Thrive. Discussion about environmental illness.

<http://www.facebook.com/pages/Planet-Thrive/24111021418>

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RE Shelter Underground Network. Housing options for environmentally sensitive people, associated with Planet Thrive.

<https://www.facebook.com/groups/150413784999257/>

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A Million Faces of Environmental Illness. Environmental illness group, associated with Planet Thrive.

<http://www.facebook.com/groups/35800607330/>

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The Environmental Illness Resource. Information on issues related to environmental illness.

<http://www.facebook.com/pages/The-Environmental-Illness-Resource/95583845487>

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Staten Islanders Affected By Sandy Toxic Mold Info.

<https://www.facebook.com/groups/MoldBuster/>

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Divinely Toxic -- Mycotoxins, Mold and You

<https://www.facebook.com/groups/167019429968/>

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Bridges to Heal. Dr. David Ou talks about issues related to mold illness and other chronic diseases.

<https://www.facebook.com/bridgestohealthat/?fref=ts>

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Justice for Sharon Noonan Kramer is Justice for US Environmentally Disabled. Support page for mold advocate involved in court battle.

<http://www.facebook.com/pages/Justice-for-Sharon-Noonan-Kramer/265403400200156>

**PATIENT BLOGS:**

Our Health Journey. Andrea Fabry's blog about her family's struggles with mold illness.

<http://moldrecovery.blogspot.com/>

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Life By Trina. Former QVC model Trina Clark shares details on her battle with mold illness.

<http://lifebytrina.com/>

<https://www.facebook.com/whathappenedtotrina?fref=ts>

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Living with Mold Illness.

<http://livingwithmoldillness.blogspot.com/>

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Mold Free Home Building Ideas. Forebearance discusses her philosophy and research on buildings safe for people sensitive to mold.

<http://forums.phoenixrising.me/index.php?entries/mold-free-home-building-ideas.1187/>

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Search for the Cure: My Healing Journey.

<http://cfsmethylation.blogspot.com/>

<http://forums.phoenixrising.me/index.php?entries/is-me-cfs-cirs.669/>

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CFS Ramblings.

<http://ramblingsearcher.blogspot.com/>

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Ampligen4ME.

<http://ampligen4me.wordpress.com/>

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The Bubble Girl.

<http://the-bubble-girl.blogspot.com/>

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The Patient Advocate.

<http://cfspatientadvocate.blogspot.com/2013/04/mycotoxins-and-mold.html>

<http://cfspatientadvocate.blogspot.com/2013/04/dr-joseph-brewer-and-mycotoxins.html>

<http://cfspatientadvocate.blogspot.com/2012/10/mold-tough-tussle.html>

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Mold Avoidance and Detox Videos

<http://www.youtube.com/playlist?list=PLzRza8CJCy1-jzlrPLKuhs4x8zt8Z8vM9>

## **DISCUSSIONS BY PHYSICIANS**

Dr. Joseph P. Klein. Klein, a surgeon, talks about his experiences being hyperreactive to *Stachybotrys* in this blog from 2000-2001.

<http://www.stachy.5u.com/>

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Dr. Dean Silver. A good basic primer on toxic mold and what to do about it from 2013.

<http://deansilvermd.com/conditions/mold-and-biotoxin-illness/>

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Dr. Janette Hope wrote this this medical journal review article discussing the method of injury and potential treatments for mold illness in straightforward terms. Possibly useful to present to M.D.'s.

<http://www.hindawi.com/journals/tswj/2013/767482/>

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Dr. Dave Ou blogs on the HLA DR genotypes originally found by Dr. Ritchie Shoemaker to be associated with biotoxin illness.

<http://www.drdaveou.com/blog/?p=406>

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Dr. Adrienne Sprouse, an environmental physician, talks about toxic mold.

<http://www.youtube.com/watch?v=sMR8UPeGrgU>

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Dr. Dietrich Klinghardt, Dr. Ritchie Shoemaker and Dr. Neil Nathan discuss issues related to toxic mold.

<http://articles.mercola.com/sites/articles/archive/2012/02/05/dr-dietrich-klinghardt-on-lyme-disease.aspx>

<http://articles.mercola.com/sites/articles/archive/2009/08/04/Dr-Klinghardts-Treatment-of-Lyme-Disease.aspx>

<http://electroplague.com/2013/06/03/video-mold-toxins-skyrocket-with-emr-exposure/>

<http://www.betterhealthguy.com/klinghardt-conference-lyme-and-other-chronic-infections>

<http://www.betterhealthguy.com/a-deep-look-beyond-lyme>

<http://www.betterhealthguy.com/physician-s-round-table-2012>

<http://www.betterhealthguy.com/joomla/blog/251-biotoxin-illness-conference-2011>

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Dr. Andrew Campbell, in a video presentation from 2007:

<http://moldrecovery.blogspot.com/2011/09/mycotoxins-and-human-health.html>

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